

# Report

## on the III International Forum of Cardiology and Internal Medicine, 24–26 March 2014, Moscow

The III International Forum of Cardiology and Internal Medicine (the Forum) has now successfully concluded its work. The Forum was held from 24 to 26 March 2014 in Moscow in the new building of the Presidium of the *Russian Academy of Sciences*.

The Forum was supported by the *Ministry of Healthcare of the Russian Federation, Department of Healthcare of Moscow, Ministry of Healthcare of Moscow Region, Russian Society of Cardiology, World Heart Federation, Russian Academy of Science, and the Cardioprogress Foundation*.

Co-Chairmen of the Forum were Rafael G. Oganov, Academician of the *Russian Academy of Sciences* and Evgeny V. Shlyakhto, Academician of the *Russian Academy of Sciences*.

Chairman of the Scientific Committee for the Forum was Yuri A. Vasyuk.

This Forum is one of the large-scale scientific activities for professionals working in the field of cardiology and related fields of medicine. The Forum was attended by 1,680 experts from Russia, the CIS countries (Uzbekistan, Kazakhstan, Tajikistan, Belarus, Azerbaijan, Armenia) and the far abroad (Finland, Czech Republic, Romania, Switzerland, UK).

Information partners for the Forum included the following journals: *Cardiovascular Therapy and Prevention, Russian Journal of Cardiology, Rational Pharmacotherapy in Cardiology, Cardiology, Poliklinika (Polyclinic)*, and newspapers: *Meditsinskiy vestnik (Medical Bulletin)*, and *Cardiology Today*.

All the stages of preparation for the Forum and its programme were covered on the official website for the Forum: [www.cardioprogress.ru](http://www.cardioprogress.ru), as well as on partners' websites: [www.rosocardio.ru](http://www.rosocardio.ru), [www.internist.ru](http://www.internist.ru), [www.medtusovka.ru](http://www.medtusovka.ru).

The high scientific and educational level of the Forum's activities was achieved by participation of leading Russian and foreign scientists, clinicians, talented teachers and healthcare policy-makers. During the opening ceremony of the Forum, speeches were given by Professor Alexander O. Nedoshivin, General Secretary of the *Russian Society of Cardiology*; Pekka Puska (Finland), a leading international expert; Sergey A. Boytsov, a main specialist in preventive medicine for the *Ministry of Healthcare of the Russian Federation* and Director of the *National Research Centre for Preventive Medicine of the Ministry of Healthcare of the Russian Federation*; and, Lukas Zlatohlavek (Czech Republic).

- The main scientific topics of the Forum were:
- Improvement of cardiac patients' care
- Emergency and first responder (ambulance) help in cardiovascular diseases
- Clinical examination of cardiac patients
- Prevention of cardiovascular disease at population and individual levels
- New medical technologies in prevention and treatment of cardiac patients
- Problems in rehabilitation of cardiac patients

For the official participation of specialists in the Forum, decrees and orders were issued by the *Ministry of Healthcare of the Russian Federation, Department of Healthcare of Moscow, and the Ministry of Healthcare of Moscow Region*.

An information letter and scientific programme for the Forum were advertised in the list of activities by *World Heart Federation, European Society of Cardiology, and the Russian Society of Cardiology*.

The opening ceremony of the Forum was broadcasted online at [www.cardioprogress.ru](http://www.cardioprogress.ru). Preparation

and work of the Forum was covered by social networks: facebook, twitter, vkontakte.

For the Forum, the scientific programme, book of abstracts (which included about 350 works), exhibition catalogue of domestic and foreign medicines, medical devices, modern information technologies and specialized publications were published.

The scientific programme included participation from Russian scientific societies and associations, including the *Armenian Cardiologists Association*, *Tajik Society of Cardiology*, *Belorussian Scientific Society of Cardiologists*, and the *Azerbaijan Society of Cardiology*. The scientific programme included: two plenary sessions with the participation of leading international experts, scientific sessions, satellite symposia, lectures, round table discussions, schools for doctors, clinical debates, and a two-day poster session. The Forum also held a symposium of young scientists with the participation of six speakers, aged up to 35 years old, from Moscow and five other Russian cities and regions. The overall programme of the Forum reflected the latest advances in the diagnosis, prevention and treatment of cardiovascular disease and other internal diseases. In general, the scientific programme aroused great interest amongst a broad medical community.

The Organizing Committee awarded diplomas for contributions to areas relating Cardioprogess Foundation activities, to: Vladimir P. Tyurin, chief physician of the *Department of Healthcare of Moscow*; Yan L. Gabinsky, for the development of cardiac services; Elman Z. Alekperov and U.K. Kamilova, for their contribution to the strengthening of international cooperation and collaboration; L.A. Khaisheva, for her contribution to the implementation of regional cardiac projects; Alan Cole, for his contribution to strengthening of international collaboration between the World Heart Federation and the *Cardioprogess Foundation*; Richard Williams, for contribution to publication of the *International Heart and Vascular Disease Journal*; and Pekka Puska, for his contribution development of a global strategy for the prevention of cardiovascular disease.

The centrepiece of the Forum exhibition was a stand representing the *Cardioprogess Foundation* and the Organizing Committee, which was very popular among Forum participants. On the stand, information bulletins, including *Cardiology Today* newspaper, the second edition of the *International Heart and*

*Vascular Disease Journal*, scientific literature, and souvenirs were presented. Exhibition of domestic and foreign medicines, medical devices, modern information technologies and specialized publications were closely associated with the scientific programme of the Forum. Forum participants had the opportunity to not only learn about the latest medicines, presented at the stands by leading pharmaceutical companies, but also to get objective information on the clinical efficacy of medicines at symposia, discussions, seminars, and lectures.

It should be emphasized that registration and participation in the Forum was free. All registered participants received a bag with Forum materials. As part of the opening ceremony there was a concert of classical music. Forum delegates enjoyed a free buffet on two occasions, which also presented an opportunity to network with colleagues.

During the Forum, a hall was provided as a place for working and Wi-Fi for free internet access. Delegates received certificates to demonstrate attendance at the Forum. 138 people were involved in the administration and technical support for the Forum.

At the final plenary session, the Co-Chairman of the Forum, Rafael G. Oganov, made a report on its results. A joint meeting of the Forum's Organizing Committee, *Cardioprogess Foundation*, and the *Heart World Federation* was held on 26 March 2014. Rafael G. Oganov delivered a report on the 3-year activity and development prospects of the *Cardioprogess Foundation*. Alan Cole announced plans and prospects for collaboration between the *Cardioprogess Foundation* and the *World Heart Federation*. Mehman M. Mamedov spoke about interaction of the *Cardioprogess Foundation* with government and other relevant organizations. A report on the activities of the *International Heart and Vascular Disease Journal* was delivered by Richard Williams. G.Y. Maslennikova highlighted the prospects for the expansion of publishing and educational activities of the *Cardioprogess Foundation*.

Co-Chairman of the III International Forum of Cardiology and Internal Medicine, Academician,

**Rafael G. Oganov**

Chairman of the Organizing Committee of the III International Forum of Cardiology and Internal Medicine, Professor,  
**Mehman N. Mamedov**